



Across the Fence

Special Midweek Edition

June 17, 2020

Happy Wednesday Palisadians! We are delighted to offer you a midweek special edition on upcoming events that you won't want to miss. We are looking forward to seeing you virtually for one of our most popular events, our annual Spring Fling on Friday afternoon.

There are some special events included in our calendar that are planned this month that celebrate Gay Pride Month. If you have hearing challenges, you'll want to register for HLLA's Hearing Virtual conference that is on Thursday and Friday of this week. Although it is short notice, you can attend any or all of the sessions.

In Sunday's *Across the Fence* edition, we included a link for members to complete a survey on how COVID-19 is impacting them. (Don't worry there's still time to fill it out- the deadline is June 24; see the link provided below.)

Volunteers, today, we ask for your input on how COVID-19 will impact your ability to provide services to our members as the District moves from Phase One. Your input is valued and will help guide the Village as we look forward to a slightly different future than we anticipated. (See link below.)

Help Wanted: Like to Cook: Do you enjoy making soup or other small meals? We are in need of a cook that likes to provide "soup for the soul" for 5 members in Kent North. Groceries can be provided. Weekly or bi-weekly commitment. You'll be rewarded with some great Village connections.

Upcoming Events:

You are invited to step inside the Halal's garden for a firsthand look and virtual tour of their lovely garden at our annual Spring Fling! Put on your garden party chapeau and join us on Zoom this Friday, June 19 at 5:30 p.m. Click [here](#) to register and get details and some suggested wines and a recipe for a French 75 cocktail from Bob Bourdaud'hui.

Let's Talk About It: The discussion of *White Fragility* has been postponed to give everyone an opportunity to finish reading the book. We will continue our conversation on race and racism on Monday, June 22 at 2:30 p.m. by focusing on a YouTube talk by the same author, Robin DiAngelo, on [Deconstructing White Privilege](#). We plan on discussing the book at a later session so keep reading. For details and to register, please click [here](#).

We are still looking for facilitators our upcoming talks. If you would be interested in moderating or have a suggestion on a future listening session, please contact the office at 202-244-3310 or email asaccoccia@palisadesvillage.org.

Don't forget that the DC Library has unlimited copies of *White Fragility* and other books on the subject of race in their eBook collection.



Our Palisades neighbor, Ambassador Rick Barton, will be joining us on Wednesday, June 24 at 3 p.m. to discuss his book *Peace Works: America's Unifying Role in a Turbulent World*. "Part memoir and part scholarly study, this book provides one of the most thoughtful reflections yet on U.S. interventionism and peacemaking since the end of the Cold War." according to Foreign Affairs magazine. For more details and to register, click [here](#).

New Volunteer Survey:

The Mayor has indicated that we may enter Phase 2 of the plan for re-opening DC next week. Palisades Village is committed to keeping its community safe during the pandemic. For the time being, we have changed our service model to contact-free deliveries and virtual social interactions. Thanks to a dedicated staff, Board and a cadre of volunteers, we've been able to shop and deliver groceries and other essential medicine and supplies, offer weekly meals to our members and provide many opportunities for social engagement virtually.

Palisades Village is very mindful of the statistics of our high-risk population. In a previous newsletter, Palisades Village outlined our contingency policy: the staff will continue to work remotely; we will continue to offer virtual programs and contact-free deliveries and we will provide transportation options. As we plan for the future and work towards addressing our members' needs, we'd like to have an idea of how you comfortable you feel as the Village slowly introduces services. Some of our members would enjoy a walking buddy while others need small basic home repairs (changing a light bulb, moving a plant, installing a screen, putting up a picture) or some technical assistance. We plan to distribute a checklist outlining procedures for both members and volunteers prior to filling a service request. Masks will be required (for both members and volunteers) as well as maintaining social distancing for any walks or in-home visits. We will recommend that members not be in the same room while a service is being done and minimal talking. We would like to limit the time that our volunteers are in the house too.

Could you complete this [survey](#) so we know our volunteer pool and your comfort level to provide requested services?

Member Survey:

Thank you to those members who completed the survey. If you have not done so yet, could you please take a few minutes to fill out a short survey of your challenges during this time of COVID-19? Palisades Village wants to know how you are doing as we adjust to the current situation of staying safe during the pandemic. We want your input for better ways to meet your needs as we look towards the future and how COVID -19 will continue to alter the way we live. While we may not be able to meet all your needs, being aware of them makes us more responsive and stronger as a Village.

You can find the survey [here](#). If you would prefer a hard copy, we would be glad to mail you one. We would like to get responses by June 24.

Upcoming Father's Day Edition of Across the Fence:

Do you have a picture of you and your father? We would love to feature it in Sunday's Across the Fence. Please send it to Erica at eblanton@palisadesvillage.org no later than noon on Friday, June 19.

Don't forget to drop a card in the mail for Ruth Koczela's 99th!

Ruth's family is trying to surprise her with 99 cards to celebrate her birthday! Please feel free to stick it in her mailbox or mail it before June 25. Let her know that you're a friend of hers from Palisades Village so it will be easier for her to sort out all of those cards!

Want to join in the fun? There's a "drive-by" between 5 and 5:30 p.m. on Ruth's birthday, June 25. Cars are asked to enter Hawthorne from Klinge. Feel free to drive by, offer a greeting out the window, honk your horn, and hold up a Happy Birthday sign, etc. Ruth will be there at the foot of the driveway to wave back and show her warm and happy smile! Happy birthday Ruth! Here's to good health and much happiness!

Ruth's address is 5525 Hawthorne PI NW, Washington, DC 20016.



The DC Area Villages work closely together to share resources and access to some events.

Thursday, June 18, 10 - 11:30 a.m.

Helping Through Talking & Listening with Stephanie Svec (Zoom)-

-This will be a discussion and training event that will help Village Volunteers feel more comfortable talking and listening. It will include a discussion of what to listen for, how to help, active listening skills, boundaries, and self-care. This is especially important as we deal with and respond to the COVID situation. Email info@littlefallsvillage.org, and put "Workshop" in the subject line. Zoom login information will be

sent to confirmed RSVP Registrants. Space is limited, so RSVP now for this event.

Friday, June 19, 2 - 3:30 p.m.

Discussion about Local Parks: Part 1 - Overview of Parks in Washington, DC & Surrounding Counties -- Edd Barrows, Professor of Biology at Georgetown University will be leading this 2-part series. Edd is currently the Director of the Entomology and Biodiversity Laboratory and was the Director of the Center for the Environment and Environmental Education. This presentation has two parts. Part 1 is a presentation originally created for Kyrgyzstani's at the request of the US Department of State and also used for classes at Georgetown University. Part 2 will be held the following week with the topic on Glover Archbold Park - which is adjacent to the university. Edd is interested in hearing your comments about the parks to help us all appreciate and understand them better. RSVP: email info@littlefallsvillage.org or leave a message at the LFV office (301) 320-3267 * When sending an email RSVP, put "PARKS" in the subject line of the email. When leaving a VM, include your email address in the message.

The following is part of the Virtual Speaker Series hosted by Northwest Neighbors Village. For more information about the [Virtual Speaker Series](#), click on the link. To register for this Zoom presentation, please click on the title.

Thursday, June 18, 1 p.m.

[The Importance of Grandparents](#)--Speaker: Alison Gopnik - Professor of Psychology, the University of California at Berkley, and recognized expert in children's development and learning. A discussion of the importance of grandparents in children's cognitive development.

Monday, June 22, 3:30 - 5:00 pm

Live and Learn: Understanding Hospice & End-of-Life Issues -- Online or Call-In: Information to log-in or dial-in will be provided to all registrants by 2:00 p.m. on June 22 RSVP: [Register Online](#) (You'll have to fill out your information as a non-member) or contact Dupont Circle Village Office at (202) 436-5252

It's not easy to think about, discuss, and prepare for end-of-life

issues. This program will provide practical information on areas you need to consider when preparing for end-of-life, including the importance of pre-planning, hospice care, and immediate post-death actions.

Capital Caring Health is one of the nation's oldest and largest non-profit providers of hospice and palliative care. Over the years, they have provided care to nearly 120,000 patients and their families. Program presenters from Capital Caring Health will include: Donna Gayles, Patient Advocate; Daniel Rehner, LGSW; and Rev. Matthew Suggs.

Tuesday, June 23rd, 1:00 pm

Trivia Pride Edition -- Join Capitol Hill Village for some good old Trivia. Showcase your skills of how much you know. We'll have 5 different categories that will range from random questions to best in picture. You could be the winner! [Click here to register.](#)

Friday, June 26th, 5:00 p.m.

Pride Movie Night -- Join Capitol Hill Village as they continue to celebrate Pride month. We will be watching *Blue is the Warmest Color*. The movie is in French, but there will have subtitles. Adèle's life is changed when she meets Emma, a young woman with blue hair, who will allow her to discover desire and to assert herself as a woman and as an adult. In front of others, Adèle grows, seeks herself, loses herself, and ultimately finds herself through love and loss. Bring your libations and snacks! [Click here to register.](#)

Community Events:

Go to [Around Town DC](#) to find classes in Zoom, art, dance, advance planning, fitness, improv, and much more. Here are two examples (register by clicking on the links.):

Wednesday, June 23, 2-3:00 p.m.

Understanding Options to Pay for Long-Term Care -- Are you worried that you might not be able to pay for long-term care (LTC)? There a variety of ways to afford it. Learn from expert Rick Gow about different options to consider. Rick Gow is a Certified Senior Advisor and Wealth Management Advisor with Life Plan Retirement Partners, LLC. Register [here](#)..

Thursday, June 25, 11:00 a.m.-12:00 p.m.

Elder Housing Forum -- Please join the Department of Insurance, Securities and Banking, Age-Friendly DC and IONA Senior Services for a virtual Elder Housing Forum. Learn about foreclosure mediation, legal resources, and accessory dwelling units from Department of Insurance, Securities and Banking, AARP Legal Counsel for the Elderly, Coalition for Smarter Growth, DC Dept. of Consumer and Regulatory Affairs. EVENT LINK: <https://bit.ly/2XPHy2l> For More Info: Idriys Abdullah 202-442-7832 Idriys.abdullah@dc.gov

Other community events:

Thursday and Friday, June 18-19

Experience HLAA! – Hearing Loss Association America is excited to announce our virtual event, Experience HLAA! An online experience open to the world of people with hearing loss, their families and friends, hearing health care professions, and anyone interested in hearing health care. People who attend HLAA Conventions come looking for the latest in hearing technology and products and services to help them live well with hearing loss.

While HLAA2020 is canceled due to the COVID-19 pandemic, our community is demanding more online content. In response to that, we are offering an online experience open to everyone, free of charge. Register [here](#).

Featured Content (full [schedule](#) to be announced, check back here for details)

- [Research Symposium](#) on The Latest in Tinnitus Research, supported by a grant from the National Institute of Deafness and Other Communication Disorders, National Institutes of Health, and sponsored by Cochlear Americas. Plus, interactive session to follow with questions and answers.
 - Author David Owen, Volume Control: Hearing in a Deafening World, will share some insights from his book.
 - Technology Expo, where you can find products and services just for people with hearing loss.
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- More topics to come.

Saturday, June 27, 8:00 p.m.

PRIDE EVENT: Gen Silent, LGBTQI Aging Film + Q&A -- This award-winning film follows a handful of older people as they choose whether or not to be out about their lives when faced with a long-term care system that isn't always accepting. Following the screening, discussion and Q&A moderated by Assistant Director of Fenway Health's LGBT Aging Project Bob Linscott with filmmaker Stu Maddux, Director of LGBT Aging Project Lisa Krinsky, and 10-year check-in with cast member Laurence Johnson. Register [here](#).
