



Across the Fence *Special Edition* November 1, 2020

Did you set your clocks back? Daylight savings time ends today.

Upcoming Palisades Village Events:

The [Book Club](#) is meeting to discuss *Educated* by Tara Westover at 1 p.m. on Monday.

Want to work off those Halloween treats? Join William Yates for [Strength and Resistance fitness training](#) on Monday at 3 p.m.

We still have a few slots left for our [Shingles Vaccine Clinic](#) on Tuesday from 2-3:30 p.m. The CDC also recommends the shingles vaccines for those over 50 and healthy.

The Palisades Village [Board of Directors](#) will be meeting via Zoom on Thursday, November 5 at 5 p.m. The Board meeting is open to the public and visitors may comment and/or ask questions, but only Palisades Village Board members may vote.



The treats keep coming. We have a very special **Happy Hour** this Friday at 5:30 p.m. Artist and member **Roberto Werebe** will be joining us to talk about his work, his artistic process and give us a virtual tour of his studio. This one of his fabulous paintings. We can't wait to see more of his work which spans many styles. Register [now](#).

COVID Corner: Election Day is Tuesday!

This COVID-19 information on Voting is provided in partnership with the Ward 3 Senior Villages which include Palisades Village, Cleveland and Woodley Park Village, and Northwest Neighbors Village and Sibley Hospital. Together we are “Building Engaged and Supportive Communities.”

The CDC recommends these taking these steps to help you vote and minimize your risk during the COVID-19 pandemic. The more prepared you are, the less time you may have to spend at the voting site.

When voting, you can protect yourself and others if you:

- avoid close contact: try to stay at least 6 feet apart of other people, (at least 2 arm’s length apart) especially those not wearing a mask
- even if you are wearing a mask, keep your distance
- wear a mask around others and make sure it fits securely around your mouth and nose
- take care when touching surfaces and wash your hands frequently or, if not possible, use an alcohol-based hand sanitizer with at least 60% alcohol

Be prepared so you can limit the time you are in your voting place

- This will help reduce the risk for COVID-19 by avoiding delays when you vote
- If you can, fill in any registration forms before going to vote
- The more prepared you are, the less time you may have to spend at the voting site
- To speed up voting, you can make a list or fill in a sample ballot to take with you

Bring your own supplies

- Use this checklist to remember things to bring with you when you go to vote:
 - Necessary documentation such as your identification (check with your voting site)

- A mask
- An extra mask
- Tissues
- Hand sanitizer with at least 60% alcohol
- Water
- Black ink pen
- Bring prepared items with you (e.g., registration forms, sample ballots)

For more information on COVID-19, please feel free to view Palisades Village's website,

https://palisades.helpfulvillage.com/editable_pages/10021-covid-19-resources and Sibley's Hospital's COVID website, <https://www.hopkinsmedicine.org/sibley-memorial-hospital/>

Save the date for the next Sibley/Villages COVID educational series:

Building Resilience in the Wake of a Pandemic

Wednesday, November 18 at 4:00 p.m.

Erica Richards, M.D., Ph.D, Chair and Medical Director, Department of Psychiatry and Behavioral Health at Sibley Memorial Hospital and **Tilli Williams, N.D.**, Founder and Director, DC Wellness Institute, will lead this session. This partnership between Cleveland & Woodley Park Village, Northwest Neighbors Village, Palisades Village, and Sibley Memorial Hospital is possible thanks to a DC Community HOPE grant through Mayor Muriel Bowser's Office of Community Affairs.

Register: www.tinyurl.com/villagetalk3 or 202-244-3310.

Vaccine Clinic:



If you are interested in a shingles vaccine, we are holding another clinic offering the Shingrix vaccine this Tuesday from 2-3:30 p.m. Get details and [register now](#).

Palisades Village Current Member Services:

Members: Please let the office know if you need help with any of the following:

- Contactless Grocery Shopping and Delivery services
- Prescription drugs pick up
- Meals, Soup, and Baked goods
- Mask and Hand Sanitizer Delivery and Distribution
- Reading and Financial Assistance
- Remote IT assistance-zoom training, email assistance via phone, etc.
- Programming via Zoom and Conference Calls--including fitness, happy hour, book group, author talks, yoga, knitting, etc.
- Friendly visits via phone calls and from the “front porch,” outside at a safe social distance.
- Walking Buddies--maintaining a safe social distance
- Small home repair projects (screens, moving plants, etc.)
- Quick IT services (changing printer cartridges, installing printers, etc.)
- Outdoor yard assistance
- Essential medical transportation with member sitting in the back on the passenger side and windows open (based on volunteer availability).

Palisades Village continues to be cautious to protect our members and volunteers. Your safety is our utmost concern. We have established protocols in place to minimize the risks associated with COVID-19.

Volunteers: Please continue to update the office on what services you feel comfortable providing.

Pat McCeney has a birthday on November 4:

In lieu of a party, her family has set up a way to send a video hug greeting. You can leave your message to Pat [here](#).

Zoom Tip:

Are you seeing the person that you want on the screen? You can see the person speaking (Active Speaker View) taking up the screen or all the participants (Gallery View) like the Brady Bunch. If there are many people, this may be on several screens and you need to click or swipe to see them.

What if you are on Speaker View and you don't see the person that you want? You want to "Pin" this person. If you are using the Zoom app on your computer, hover your mouse over the video of the participant you wish to pin and click on the 'three-dot' icon that appears on the top right of the video thumbnail. Select 'Pin Video' from the list of options that appear in the menu. To pin someone in Zoom mobile app, double-tap on the video of the participant you wish to pin while you're in Gallery View. Click on this and they will be the big picture dominating the screen.

What Should You Do With Your Pumpkin?

The Department of Public Works' Food Waste Drop-off Program is teaming up with local food charities and organizations to recover leftover pumpkins for composting. Beginning Saturdays, October 31 through November 14; Sundays, November 1 through November 15 and Wednesdays, November 4 through November 18, residents can bring their leftover pumpkins and jack-o'-lanterns to participating farmers' markets throughout the District.

For Ward 3, drop your pumpkins for composting at the UDC Farmers Market - 4340 Connecticut Ave., NW , 9 a.m. - 1 p.m.

More details and other locations are listed here:

https://zerowaste.dc.gov/pumpkinrescue2020?fbclid=IwAR24OBnC_jaM0S00jqHWChrrddtCVyDZdJ_uAmp8beM0Nf68q-NkOm0G9OI

DACL Senior Technology Connection Pilot Program: A Free Tablet with Internet Access!

The Department of Aging and Community Living (DACL) has announced a Senior Technology Connection Pilot Program so that older adults can access the internet and take advantage of the plethora of programs offered by Villages, AroundtownDC, DACL, etc. as well as communicate with their

physicians using Telemedicine, connect with their family and friends and much more. In order to qualify for this FREE program that provides you with a tablet and internet access for a year, you must not have a working computer and be at 80% (\$70,500 is the maximum for a single person household and \$80,600 for a two-person household) or lower of the area median income. Please contact Andrea at asaccoccia@palisadesvillage.org to sign up or for more information.

DC CAN:

Beginning Tuesday, October 20, DC residents have the option to participate in **DC CAN**, a new alert notification system that allows smartphone users to receive an alert when they may have been exposed to someone who has tested positive for COVID-19. DC CAN is the official COVID-19 exposure notification app for Washington, DC, and will help users know their exposure history and will alert a user if they have been exposed with directions on steps to take. The more residents that opt in to the system the better for helping to slow the spread of the virus. DC CAN protects users' privacy and data security.

The graphic is a promotional banner for the DC COVID Alert Notice (DC CAN) app. At the top, it says "DC COVID ALERT NOTICE" in white on a red background. Below that, a dark blue banner reads "The DC COVID Alert Notice (DC CAN) is now available in Washington, DC." with a red speech bubble icon containing a white exclamation mark. Underneath, a red banner says "Opt in to DC CAN to get alerts about possible COVID-19 exposure." The main body of the graphic is white and features two smartphone screens. The left screen shows the iPhone "Settings > Exposure Notifications" menu, with text stating "iPhone users can opt in through Settings > Exposure Notifications" and a link "Learn more at coronavirus.dc.gov/dccan". The right screen shows the Google Play store listing for the DC CAN app, with text stating "Android users can download the DC CAN app in the Google Play store". At the bottom, there is a red footer with the DC Health logo, the text "DC HEALTH" and "A DIVISION OF THE DISTRICT OF COLUMBIA DEPARTMENT OF HEALTH", and the name "DC MARIEL BOWSER, MAYOR". On the far left of the footer, it says "CORONAVIRUS.DC.GOV" and "October 22, 2020".

To have the app installed on your device, visit [HERE](#)

moveDC 2021:

The Bowser administration, through the Department of Transportation (DDOT), has launched moveDC 2021, the long-range plan that will set the 25-year vision for the District's multimodal transportation system. Residents from across all eight wards who drive, bike, walk, or take public transportation are being asked to provide input that will shape the plan.

Take a few minutes to complete the survey and make sure that the needs and perspectives of older adults are reflected in the plan.

Over the next several weeks, DDOT will solicit feedback from residents to help:

- Streamline the goals, policies, and strategies that guide transportation investments
- Map priority network for bicycles, transit, and freight to achieve mode shift goals
- Set metrics to track progress and measure success
- Ensure that equity is a key consideration in making transportation decisions
- Develop a plan that reflects current values and meets federal requirements

Residents can participate in moveDC2021 in one of the following ways:

- Take the survey online: <http://metroquestsurvey.com/x3q8k>

For more information about moveDC 2021, visit the plan website www.wemovedc.org.

Share the Word:

Palisades Village is an organization of neighbors helping neighbors. Do you have friends or neighbors who could benefit from being a member or would like to support the kind of work that we do? Tell them how the Village has changed your life – the help you have received, the friends that you have made, and the sense of community you feel. Share this link gf.me/u/y5rz74 for our current gofundme campaign on your Facebook page and let others know the importance of what we do, especially now during this difficult times.

Creative Corner:



The first three photos were taken at Glacier National Park in Montana and the last photo was taken on route by foot to Lake Minotaur in Washington (notice the huckleberry bushes). Photos by Andrea Saccoccia.

Palisades Village Connect and Learn: On the [Connect and Learn](#) page on our website, we have everything from neighborhood walks to virtual outings and fitness classes. Check it out!



The DC Area Villages work closely together to share resources and access to some events.

Wednesday, November 4, 2 - 3 p.m.

The Hospital: When Should You Go? Is it Safe? -- Going to the hospital can be a fraught experience in the best of times, even more so during the COVID pandemic. Join Laurie Michael, Senior Director of Patient Care

Experience at Holy Cross Hospital, for an informative conversation about receiving medical care in today's environment. Hosted by Silver Spring Village.

COMPUTER: <https://us02web.zoom.us/j/89300437013?pwd=Zjgxb3Rzb3RlNGJCS2FreTZ4SFkvZz09> **PHONE:** 301 715 8592 **MEETING ID:** 893 0043 7013 **PASSCODE:** 027316

Thursday, November 5, 11 a.m.- 12 noon

[Separation of Church and State with Rachel Laser](#) - Rachel will discuss our country's longstanding relationship between religious freedom and racism, religious freedom's misuse to advance a white Christian nationalist agenda, and what we can do to stop the abuse of an ideal that should make us all more, and not less, free. Part of NNV (Northwest Neighbors Village) Virtual Speaker Series.

Monday, November 9, 11 a.m.- 12 noon

[Peering into the Future: A Post-Election Analysis with John Lawrence](#) - Speaker **John Lawrence** will discuss the outcomes of both the presidential and congressional elections. If we know enough, John will also talk about the state legislative level since much reapportionment activity will happen there. [Part of NNV Virtual Speaker Series.](#)

Tuesday, November 10, 12 - 1 p.m.

ONLINE DATING 101 -- Online dating has lots of advantages — it's convenient, it allows you to connect to people with similar interests or those you wouldn't otherwise meet, plus it's a great way to talk with people during the pandemic!

But, we know that it can also be overwhelming and confusing. You might be wondering...

- How do I get started?
- What should I include in my profile? How do I tell my story?
- Which sites should I try, and which ones cater more towards older adults?
- When should I message someone and what should I say when I do?
- What's the protocol for suggesting a meet up?

Online Dating 101 will answer these questions and more to help you navigate the world of online dating with confidence. This workshop will be led by Margot Starbuck, author of *The Grown Woman's Guide to Online*

Dating. Margot is an award-winning, New York Times bestselling author, writing teacher, and speaker. Here's the [link to register](#).

Wednesday, November 11, 1 - 2 p.m.

[Coping with Uncertainty: Travel](#) -- NNV Member and travel agent, Benita Lupic would like to talk about the future of travel and how the pandemic has affected the travel industry. The current state of the world has made us more aware of the way we travel, and the destinations we visit. She will review health and safety travel procedures, policies, and regulations. She will discuss best practices for being a safer and smarter traveler so that seniors are prepared when they are able to travel again.

Thursday, November 12, 5:30 p.m.

What You Should Know About Medicare -- Georgetown Village Board Members Diana Dennett and Carol Kelly provide an overview of the Medicare program, what the program means to you, and how to change private plan options during open enrollment. Together, Diana and Carol have more than 50 years' experience. They will also discuss the history and parts of Medicare, key questions most often asked, with answers. To sign up please contact the GV Office at **202-999-8988** or Email: lynn@georgetown-village.org

Thursday, November 17, 1 - 2 p.m.

Holiday Cooking Tips for the COVID era with Mariel Smith -- Are your usual Holiday plans being scrambled due to the pandemic? Are you trying to figure out how to celebrate in style with fewer people? Join Chevy Chase At Home as Mariel Smith, an educator and food blogger (CookingIsMessy.Com), shares recipe suggestions and tips for adapting your menu for a smaller crowd and preparing a meal that will still make your holidays feel special. [Please Register Here](#), or RSVP to info@chevychaseathome.org with the program name in the subject line.

Wednesday, November 18, 3 p.m.

COVID Waist Management-- With the Covid-related restrictions on activities and socialization in effect, we find ourselves stuck at home — with food as our main comfort and companion. This has led to the dreaded Covid 10 (10 pound weight gain), or in some cases weight loss. Each has implications on our health and self-esteem. This presentation will discuss strategies and practical ways to manage our waistlines and health now and during the ongoing Covid period.

Nutritionist Linda Bruce has worked as a licensed nutritionist in the US and internationally. As an international trainer and speaker, she has delivered presentations for Ministries of Health, the World Health Organization, Fortune 500 companies, US government agencies, universities and non-governmental organizations. Linda offers simple, practical how-to information with passion, enthusiasm and infectious energy. With the holidays coming up you'll want to be prepared! There will be plenty of time for Q&A. [Register Here](#)

Thursday, November 19, 11 - 12 p.m.

[Hurricanes: Past, Present and Future](#) -- Speaker **Dr. D. James Baker**, the longest-serving administrator of the National Oceanic and Atmospheric Administration (NOAA) (1993-2001), will recap the 2020 hurricane season and use examples of notable hurricanes from the past to explain what we know and don't know now about predicting their path and strength. He will conclude with a discussion of what we can expect in the future as climate change provides a more energetic context for these disastrous events. Part of NNV Virtual Speaker Series.

Thursday, November 19, 5:30 p.m.

Grandparents Who Inspired Us -- Panel session which will explore the ways in which grandparents interact with and more directly support the young generation with children, than in past generations. The panel features one author, Merry Adler, "Grandparents Who Inspired Us Across the World," Pam Godwin, Georgetown Village Member & Board Vice President, and Nancy, a Georgetown Village Advisory Board member who actively support their own families. To sign up please contact the GV Office at **202-999-8988** or Email: lynn@georgetown-village.org

Community Events:

Go to [Around Town DC](#) to find classes in Zoom, art, dance, advance planning, fitness, improv, and much more. Here are two examples

(register by clicking on the links.):



Wednesday, November 18, 2:30 p.m.

Harnessing the Power of Grief -- Julie Potter will talk about her new book, *Harnessing the Power of Grief*. [Read more and register here.](#)

Thursday, November 19, 3:30-4:30 p.m.

[Pearls of Wisdom: Storytelling](#) -- Enjoy this storytelling workshop. The Pearls of Wisdom are a touring ensemble of storytellers who bring history alive by using the wisdom and experience of older adults from a variety of cultural backgrounds. Rooted in the ancient tradition of storytelling, these treasured folk artists weave compassionate, often humorous, sometimes emotional and inspiring tales from their diverse heritages. Their stories bring history to life for listeners of all ages, illuminating not just their individual pasts but their collective experience. In addition to storytelling, the Pearls engage in call and response poems at the beginning and end of each program and lead a question and answer period following their presentation. The objective is to leave the audience with a new-found perspective on their own individual legacy stories and words of wisdom. [DOROT](#) affirms the time-honored role of older adults as bearers of history and culture, applying the power of the arts to transmit stories and life experiences to communities throughout NYC. Register [here!](#)

Sibley Seniors Association (SSA) offers programs and support groups online. Their latest newsletter and calendar are available at https://www.hopkinsmedicine.org/about/community_health/downloads/sibley-senior-association-quarter-4-newsletter.pdf.

5th Annual Journey to Hope D.C. Virtual Conference for Alzheimer's Family Care Partners -- A FREE conference to get updated on Alzheimer's disease, care, and research. All programs will be held on Tuesdays, from 4 to 5 p.m. via Zoom webinar. Registration is required by phoning **202-364-7602**.

Nov. 10 – Meet with other care partners, using Zoom breakout rooms, to discuss specific topics in providing care such as: When your loved one is changing, Managing care during the pandemic When family won't step up
Nov. 17 – The Power of Storytelling

Monday, November 16 at 12 noon

Living Alone -- Join a discussion group on coping with living alone. All are welcome. Living alone presents its own opportunities and issues, whether the reason is by choice or loss of a spouse/ partner. Experiences show us

that there is value to those living alone from sharing experiences and needs about their special situation. Living Alone meets on the third Monday of every month. The group is moderated by Ken Gordon. For the Zoom link, register by calling SSA at **202-364-7602**, or by emailing to kengordon@alum.mit.edu. Until further notice, the group is meeting online via Zoom. There will not be a meeting in December.

DPR -- Starting Thursday, October 1, DC residents can sign up for physically distant, in-person programming at various DPR locations (including yoga and pickleball at Palisades) or virtual programs hosted by DPR instructors online. Actual programs will begin on a rolling basis starting on Tuesday, October, 13. DPR will also open a select number of fitness centers and indoor pools for reservation-only workouts and lap swimming. Centers will operate at limited capacity with new health and safety protocols in place, such as face mask requirements, enhanced daily cleaning. To create an account for you or your family, visit our [main registration portal](#).

Other Community Events:

[Virtual 50+ Expo](#) opens on Nov. 1 and goes through Jan. 31, 2021. Tune in for activities, classes, and information sessions on health, history, senior living, and more. The expo is sponsored by [The Beacon](#), a local publication for people over 50.

Friday, November 6, 12 to 1 p.m.

The Tea: Heidi Martin -- Join the National Museum of Women in the Arts online for a live performance from Heidi Martin, followed by a look into her creative process. Live streaming on NMWA's [Facebook page](#) and at nmwa.org/livestream.

Monday, November 9, 3 p.m.

Caring for You, Caring for Me - Education and Support for Caregivers

-- Seabury Care Management is offering a new virtual program designed for family caregivers who are providing assistance or support to persons with long term illnesses or disabilities. Caring for You, Caring for Me – an education and support program for family caregivers was created by the [ROSALYNN CARTER INSTITUTE FOR CAREGIVING](#). This award-winning program consists of five weekly caregiving education seminars designed to address the needs of those engaged in caring for older

adults. Each session will be held via Zoom from 3:00 – 4:30 p.m. on Mondays:

- 11/16 - Week #1: What It Means To Be A Caregiver
- 11/23 - Week #2: Taking Care of Yourself
- 11/30 - Week #3: Building Cooperative Relationships
- 12/7 - Week #4: Preventing and Solving Problems
- 12/14 - Week #5: Accessing and Developing Resources

Participation in Caring for You, Caring for Me requires a one-time payment of \$50.00. If the \$50 fee is an obstacle, please contact Seabury Care Management. To learn more, please attend a free information session on Monday, 11/9 at 3:00 PM. Please use the this Zoom link to register for the information session: <https://us02web.zoom.us/meeting/register/tZArde-hqz4pEtMB04vyc0XnSVuo7h-ivcTd> If you are not available to attend the information session and are interested in Caring for You, Caring for Me – Please: email: cminfo@seaburyresources.org or call: **202-364-0020** - www.seaburycaremanagement.org

Sunday, November 15, 2 p.m.

HLAA's Public Policy Information and Advocacy Activities During

Covid-19 -- HLAA are all well aware of the fact that Covid-19 has created new communication challenges for those of us with hearing loss. And so HLAA has taken on several new guidance and advocacy activities. Topics include, but are not limited to:

- Promoting free access to automatic captioning technology
- Providing guidance & clarifying obligations under the ADA & other EEO legislation
- Supporting telehealth accessibility for those of us with hearing loss
- Fostering effective communications while wearing face masks
- Informing telecommunication relay service users about Covid-19 changes
- Advising on effective communications for those working from home.

Lise Hamlin, HLAA's Director of Public Policy, will describe these & other initiatives, answer your questions, & seek your views about other ways HLAA can be helpful. Real-time captions will be provided for this program. All are welcome. Please RSVP by November 12 so that they can send out guidance in advance on how to access this program on Zoom.

Ongoing Events:

Wellness Wednesdays

Enjoy free webinars to promote physical health and emotional wellbeing on the 2nd and 4th Wednesday of the month. These programs feature top thought leaders and authors on a wide range of topics to help you “live your best life longer.” They are hosted by Sally Duplantier, founder of Zing. Check out upcoming programs or view past recordings here: www.myzinglife.com/wellness-wednesdays

Tuesdays & Thursdays, 10 a.m.- 12 noon

"Improvisation for Social Change": An Intergenerational Relationship

Building Project with Georgetown University Theater -- Georgetown University Department of Performing Arts is looking for older adult participants in a project seeking to create dialogue between older adults and GU undergraduate students. This project is designed in connection with the GU Theater course "Improvisation for Social Change" where students learn various approaches for using theater practices to advance social change, civic engagement, and community building. A particular area of focus is creating dialogue through interviews, deep listening, and storytelling. The project aims to connect GU students from the course with older adults in interviews and encounters over the semester using storytelling to create an environment for intergenerational relationship building.

Looking for older adult participants interested in engaging with Georgetown undergraduate students in dialogue, interviews, and storytelling. The project will also look to create opportunities for older adults and GU undergraduates to engage together in some theater & improvisation exercises. The hope is to have an initial encounter between participants in late October/early November. If interested in participating in this project email GU Professor Rob Jansen: rj407@georgetown.edu.

Weekly on Mondays from 2 - 3:15 p.m.

Just Us at the National Gallery of Art -- Provides interactive, discussion-based experiences for people with memory loss and their care partners. Participants explore two works of art during virtual sessions on Zoom. Now that we're not constrained by physical proximity or travel to the Gallery, we can welcome pretty much anyone who might like to join us for a conversation about works of art using Zoom. For more information go to

<https://www.nga.gov/calendar/guided-tours/just-us.html>. To register, please email access@nga.gov.

Tuesdays, 2:30 - 4 p.m., Wednesdays, 10 - 11:30 a.m. (new) and Fridays, 2:30 - 4 p.m.

Dance for PD -- Bowen McCauley Dance Company provides those with Parkinson's disease and their care partners the opportunity to join us each Tuesday and Friday during the Pandemic. Classes are taught utilizing a chair (seated instruction only). Learn more about the program [Click here](#).

COMING UP IN PALISADES VILLAGE

The following below are details on upcoming events sponsored by Palisades Village. You can now register by clicking on "More Information" and then "Register." You will be prompted to add your name and email address. Please use the email address that the calendar was sent to; it functions as your user ID. If you need to update your email, just let us know. Or you can register by email at ebanton@palisadesvillage.org or call the office at **202-244-3310**.

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

This Week at Palisades Village

November 1 — 7, 2020

Book Club

Mon 11 / 02 / 2020 at 1:00 PM

Where: via Zoom

[More Information](#)

William Yates Fitness on Zoom

Mon 11 / 02 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Shingles Vaccine Clinic

Tue 11 / 03 / 2020 at 2:00 PM

Where: Palisades Community Church, 5200 Cathedral Ave NW,
Washington, DC 20016

[More Information](#)

Virtual Yoga

Tue 11 / 03 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Virtual Yoga

Thu 11 / 05 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Board Meeting

Thu 11 / 05 / 2020 at 5:00 PM

Where: Via Zoom

[More Information](#)

Artist Talk & Happy Hour

Fri 11 / 06 / 2020 at 5:30 PM

Where: Via Zoom

[More Information](#)

Mindful Knitting

Sat 11 / 07 / 2020 at 9:30 AM

Where: Via Zoom

[More Information](#)

Next Week at Palisades Village
November 8 — 14, 2020

William Yates Fitness on Zoom

Mon 11 / 09 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Events Committee

Tue 11 / 10 / 2020 at 1:30 PM

Where: Via Zoom

[More Information](#)

Virtual Yoga

Tue 11 / 10 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Storytelling

Tue 11 / 10 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Office Closed

Wed 11 / 11 / 2020 at 12:00 AM

Where: n/a

[More Information](#)

Virtual Yoga

Thu 11 / 12 / 2020 at 3:00 PM

Where: Via Zoom

[More Information](#)

Virtual Happy Hour

Fri 11 / 13 / 2020 at 5:30 PM

Where: Via Zoom

[More Information](#)

Mindful Knitting

Sat 11 / 14 / 2020 at 9:30 AM

Where: Via Zoom

[More Information](#)

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

Thank you!

Palisades Village